

MENU

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Week 1

Monday

Homemadesoup of the day served with herb croutons & fresh bread

Creamy turkey and ham pasta bake Served in a cream sauce

Roasted vegetable bake Served with pasta in a cream sauce

Garlic bread
Peas
Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes

Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day,

Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar

Vanilla cake

Mixed fruit pots & Jelly pots or Yoghurt pots
Whole Fresh Fruit

Tuesday

Homemade soup of the day served with herb croutons & fresh bread

Roasted curried chicken thigh Served with mint yogurt, mango chutney, tomato cucumber onion salad

Vegetable kebabs

Served with mint yogurt, mango chutney, tomatocucumber onion salad

Coconut rice
Roasted curried Cauliflower chickpea spinach curry
Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes

Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day,

Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar Cucumber and tomato salad

Fresh fruit salad

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit

Wednesday

Homemade soup of the day served with herb croutons & fresh bread

BBQ pulled pork Served with mac and cheese

Plant based BBQ vegetables Served with mac and cheese

> Mac and cheese Green beans Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes
Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day,
Homemade Basil pesto nut free.
Tomato sauce homemade & grated cheese

Artisan salad bar Rocket salad Pineapple sponge served with custard

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit

Thursday

Homemade soup of the day served with herb croutons & fresh bread

Shepherd's pie with creamy mashed potato topping

Vegetarian shepherd's pie with a creamy potato topping

Mashed potatoes Mixed vegetables Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes
Low salt & sugar baked beans

Pasta of the Day,
Homemade Basil pesto nut free.
Tomato sauce homemade & grated
cheese

Artisan salad bar

Mixed fruit Eton Mess

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit

Friday

Homemadesoup of the day served with herb croutons & fresh bread

RHB

Radnor House Burger in a bun Served with BBQ corn and coleslaw

Vegetarian burger in a bun Served with BBQ corn and coleslaw

> Warm herb potato salad BBQ corn and coleslaw Low sugarbaked beans

Jacketpotatoes. Baked sweet or local potatoes

Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day, Homemade Basil pesto nut free. Tomato sauce homemade& grated cheese

Artisan salad bar

Chocolate chip sponge served with custard

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit





MENU

Week 2



Monday

Homemadesoup of the day served with herb croutons & fresh bread

Greek style marinated lamb Served with pitta bread

Marinated Greek style vegetables Served with pitta bread

> Lemon roasted potatoes Roasted vegetables

Low sugar baked beans
Jacket potatoes. Baked sweet or local
potatoes
Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day.

Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

> Artisan salad bar Feta Salad

Lemon Mousse

Mixed fruit pots & Jelly pots or Yoghurt pots Whole Fresh Fruit

Tuesday

Homemade soup of the day served with herb croutons & fresh bread

Roasted garlic herb chicken Served with gravy

Stuffed mixed pepper with a herb crust

Roast potatoes
Steamed mixed carrots
Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes

Hot jacket filling of the day,

Low salt & sugar baked beans

Pasta of the Day,

Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar grab & go

Apple toffee sponge served with custard

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit

Wednesday

Homemade soup of the day served with herb croutons & fresh bread

Beef lasagne Served with Garlic Bread

Vegetarian lasagne Served with Garlic Bread

Garlic Bread Steamed broccoli Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes
Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day, Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar
Fresh fruit salad served with cream

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit

Thursday

Homemadesoup of the day served with herb croutons & fresh bread

Turkey chilli con carne
Served with nacho chips, jalapenos,
sour cream and chives, guacamole
and grated cheese

Vegetable bean chilli con carne Served with nacho chips, jalapenos, sour cream and chives, guacamole and grated cheese

> Steamed rice Mixed pickle slaws

Jacket potatoes. Baked sweet or local potatoes

Low salt & sugar baked beans

Pasta of the Day, Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar

Mixed fruit pie served with custard

Mixed fruit pots & Jelly pots or Yogurt pots
Whole Fresh Fruit

Friday

Homemadesoup of the day served with herb croutons & fresh bread

Radnor jumbo hot dog in a bun Served with fried onions Alternative halal chicken sausage

Vegetarian frankfurter in a bun Served with fried potatoes

> Sautéed herb potatoes Peas and sweetcorn Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes
Hot jacket filling of the day,
Low salt & sugar baked beans

Pasta of the Day, HomemadeBasil pesto nut free. Tomato sauce homemade& grated cheese

Artisan salad bar

Pear and cinnamon cake

Mixed fruit pots & Jelly pots or Yogurt pots

Whole Fresh Fruit





MENU

Week 3

Monday

Homemadesoup of the day served with herb croutons & fresh bread

Beef curry Served with mango chutney, lime pickles, mint yogurt

Vegetable curry Served with mango chutney, lime pickles, mint yogurt

Vegetable Dhansak Roasted curried vegetables Served with mango chutney, lime pickles, mint yogurt

Jacket potatoes. Baked sweet or local potatoes Hot jacket filling of the day, Low salt & sugar baked beans

Pasta of the Day,

Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar

Orange iced cake

Mixed fruit pots & Jelly pots or Yoghurt pots

Tuesday

Homemade soup of the day served with herb croutons & fresh bread

Lamb bolognaise in a herb tomato sauce Served with garlic bread

Vegetable bolognaise in a herb tomato sauce Served with garlic bread

> Spaghetti and Garlic bread Sweetcorn Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes Hot jacket filling of the day. Low salt & sugar baked beans

Pasta of the Day,

Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar grab & go Rice salad, tomato salad, guacamole, sour cream, grated cheese

Fresh fruit salad

Mixed fruit pots & Jelly pots or Yogurt pots Whole Fresh Fruit

Wednesday

Homemade soup of the day served with herb croutons & fresh bread

Traditional sausage and mashed potatoes Served with onion gravy

Traditional style vegetarian sausage and mashed potatoes Served with gravy and roasted onions

> Mashed potatoes Steamed broccoli Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes

> Hot jacket filling of the day, Low salt & sugar baked beans

Pasta of the Day. Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

> Artisan salad bar Caesar salad

Dried fruit and date pudding served with

custard

Mixed fruit pots & Jelly pots or Yogurt pots

Thursday

Homemadesoup of the day served with herb croutons & fresh bread

Chicken and vegetable pie

Vegetable pie

Roasted new potatoes Baton carrots

Jacket potatoes. Baked sweet or local potatoes Low salt & sugar baked beans

Pasta of the Day, Homemade Basil pesto nut free. Tomato sauce homemade & grated cheese

Artisan salad bar

Apple crumble and custard

Mixed fruit pots & Jelly pots or Yogurt pots Whole Fresh Fruit

Friday

Homemadesoup of the day served with herb croutons & fresh bread

> Baked cod fishcake bap Served with tomato salad OR catch of the day special

Vegetable 1/4 lb burger in a bun Served with tomato salad

> Potato wedges Peas Low sugar baked beans

Jacket potatoes. Baked sweet or local potatoes Hot jacket filling of the day, Low salt & sugar baked beans

Pasta of the Day. HomemadeBasil pesto nut free. Tomato sauce homemade& grated cheese

Artisan salad bar

Flapjack

Mixed fruit pots & Jelly pots or Yogurt pots Whole Fresh Fruit

