

# MENU Week 1



## Monday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Hot Smoked Salmon Pasta In a Cream Dill Sauce & served with Garlic Bread

Mac & Cheese
In a Rich Cream Sauce &
served with Garlic Bread

Garlic Bread
Peas & Sweetcorn
Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket filling of the day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Apple Crumble & Custard Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit

### **Tuesday**

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Katsu Style Chicken & Rice served with Katsu Sauce

Plant based Katsu & Rice served with Katsu sauce

Katsu Rice Asian Cabbage Slaw Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the ay
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Fresh Fruit Salad Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit

## Wednesday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Cottage Country Pie
Tomatoes and Vegetables topped with
Sliced Herb Potatoes

Roasted Sweet Potato &
Butternut Squash Pie
Topped with Sliced Herb Potatoes

Steamed Broccoli & Carrot Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Marmalade Orange Cake
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit

## **Thursday**

Homemade Soup of the Day Served with Herb Croutons & Fresh Bread

Turkey Tortilla served with Tortilla Wrap, Jalapenos, Sour Cream & Chives, Guacamole & Grated Cheese

Baked Vegetable Bean Enchilada served with Tortilla Wrap, Jalapenos, Sour Cream & Chives, Guacamole & Grated Cheese

Black Eyed Bean & Steamed Rice Roasted Vegetable Salsa Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Mixed Forest Fruit Meringue Pavlova
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit

## **Friday**

Homemade Soup of the Day Served with Herb Croutons & Fresh Bread

Jumbo Sausage in a Hot Dog Bun served with Fried Onions

Vegan Sausage in a Bun served with Fried Onions

Herb Baked Potatoes
Sweetcorn
Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Sultana Sponge & Custard Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit





## Monday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Thai Beef Curry served with Noodles

Thai Vegetable Curry served with Noodles

Mixed Thai Vegetables
Carrots, Beansprouts & Greens
Noodles

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad bar

Mango Custard Cream
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit

## Tuesday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Roasted Herb Chicken Thigh served with Herb Gravy

Roasted Cherry Tomatoes, Red Onion & Herb Puff served with Thyme Gravy

Roasted Potatoes
Broccoli
Low Sugar Baked Beans

Jacket Potatoes

Baked Sweet or Local Potatoes

Hot Jacket Filling of the Day

Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Chocolate Sponge & Chocolate Sauce Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit

## Wednesday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Turkey Bolognaise in a Rich Tomato
Sauce
served with Garlic Bread

Vegetable Bolognaise in a Rich Tomato Sauce served with Garlic Bread

> Spaghetti Green beans Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Fresh Fruit Salad Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit

## **Thursday**

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Texas Spice Rub Roast Pork, Corn &
Beans
served in a Taco Shell with Jalapenos,
Tomato Salsa, Guacamole & Cheese

Roasted Spice Rub Vegetables & Beans served in a Taco Shell with Jalapenos, Tomato Salsa, Guacamole & Cheese

> Steamed Coriander Rice Sweetcorn & Peppers Taco Shell

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Sticky Toffee Cake
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit

#### **Friday**

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Thank Radnor It's Friday
Radnor House Burger in a Bun
served with Coleslaw

Vegetarian Burger in a Bun served with Coleslaw

Warm Spring Onion & Potato Salad Coleslaw

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Lemon Sponge
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit



# MENU Week 3



## Monday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Lamb Chilli Con Carne served with Mac & Cheese

Vegetable Chilli Con Carne served with Mac & Cheese

Mac & Cheese Sweetcorn Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Coconut Sponge served with Custard
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit

## Tuesday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Roasted Tikka Chicken Thigh served with Mango Chutney, Lime Pickle & Mint Yogurt

Vegetable Tikka Chickpea Curry served with Mango Chutney, Lime Pickle & Mint Yogurt

> Biriyani Rice Mixed Curried Vegetables Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Mixed Fruit Oat Chocolate Crumble
Mixed Fruit Pots & Jelly Pots
Whole Fresh Fruit

## Wednesday

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Beef Lasagne served with Garlic Bread and Caesar Salad

Aubergine Tomato Vegetable Gratin served with Garlic Bread and Caesar Salad

Steamed Green Beans
Garlic Bread
Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Apple Pie & Vanilla Sauce Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit

## **Thursday**

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Traditional Pork Sausage & Creamy
Mashed Potatoes
served with Onion Gravy
Halal Chicken Sausage available on
request

Vegetarian Sausage & Creamy Mashed Potatoes served with Onion Gravy

Mashed Potatoes
Steamed Carrots
Low Sugar Baked Beans

Jacket potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Jam Sponge & Custard Mixed Fruit Pots & Jelly Pots Whole Fresh Fruit

#### **Friday**

Homemade Soup of the Day served with Herb Croutons & Fresh Bread

Baked Cod Fishcake Bap served with Tomato Salad OR Catch of the Day Special

Vegetable 1/4lbd Burger in a Bun served with Tomato Salad

Potato Wedges
Peas
Low Sugar Baked Beans

Jacket Potatoes
Baked Sweet or Local Potatoes
Hot Jacket Filling of the Day
Low Salt and Sugar Baked Beans

Pasta of the Day
Homemade Basil Pesto Nut Free
Homemade Tomato Sauce
& Grated Cheese

Artisan Self Service Salad Bar

Flapjack
Mixed Fruit Pots & Jelly Pots
Whole fresh fruit